

# Toddler's Daily Routine

8:15	Free Play with Preschool
9:00	Snack Time and Chat
9:20	Free Choice
10:30	Nappy Changes
10:40	Group time
11:00	Outside/Physical Play
11:30	Lunch
12:00	Sleep time ~ Free Play with Preschool as they wake
2:00	Free Choice
3:00	Tea and Chat
3:40	Outside/Physical Play
4:10	Nappy change
4:30	Group time
4:45	Free Play with Preschoolers
5:30	Nursery Closes

This routine is a rough guide for what we do during the day in Nursery. It may change depending on the weather or particular activities planned by us or the children.

Free Play ~ where possible, all free play is moved outside.

Chat ~ during this time we talk about what the children have been doing and what we plan to do during the day. We also introduce new words and phrases.

Free Choice ~ during this time the children can move freely between a variety of structured and free activities. These include construction, small world play, role play, book corner, sand and water play, art and craft activities, table top activities, outdoor physical play as well as any other activities that arise on our weekly planning. When weather permits we move as many of the activities as possible outside to use the whole garden.

Nappy Changes ~ at this point most of the nappies are changed, although they are changed as necessary throughout the day. Potty trainers are also encouraged to use the toilet at this time, although they are taken at several points throughout the day and whenever they ask.

Group Time ~ this includes the Book of the Week, the Song of the Week, the group activity and looking at a variety of topics depending on the activities planned and the children's own experiences.

Physical Play ~ we use a variety of large and small equipment, both indoors and out, to develop fine and gross motor skills. We may also use a variety of music and television resources to aid this development.