

# Babies Daily Routine

8:15	Free Play (breakfast for babies who need it)
9:00	Free play including art & craft
10:00	Group Time
10:30	Outside/Physical Play
11:00	Lunch
11:30	Change nappies & ready for bed
2:00	Free play including art & craft
2:30	Outside/Physical Play
3:00	Tea
3:30	Group time
4:00	Change Nappies & ready to go home
	Free play
5:30	Nursery Closes

This routine is a rough guide for what we do during the day in Nursery. Younger babies especially follow their own routine and activities will be moved so that they do not miss out on areas of development if they are sleeping etc. The routine may change depending on the weather or particular activities planned by the staff.

Feeding times ~ Babies individual routines are followed for feeding and sleep times. As they develop we start to progress towards this routine to get them ready for the routine in toddlers.

Free Play ~ during this time the children can move freely between a variety of activities, including focus toys for older and younger babies as well as a variety of other baby toys. Art and craft activities also take place in the messy area. Where appropriate and possible, free play is moved outside.

Group Time ~ this is a time when most, if not all of the group can come together for activities, focusing on the Book of the Week, the Song of the Week, the planned group activity.

Physical Play ~ we use a variety of large and small equipment, both indoors and out, to develop fine and gross motor skills. We may also use a variety of music and television resources to aid this development.

Nappy Changes ~ at this point most of the nappies are changed, although they are changed as necessary throughout the day.